

Heal My Broken Sexual Ethics | Group Discussion Questions

At times, the topic of sexual ethics can be a little awkward. If your group is made up of men & women, discuss the idea of breaking into gender based groups for the discussion.

SERMON RECAP

Grounded in John 8, Jacob Bales explored Jesus' response to the woman caught in adultery. The sermon emphasized that Jesus offers both the fullness of grace ("neither do I condemn you") and the fullness of truth ("go now and leave your life of sin"). Drawing from several scriptures, the message highlighted God's design for sex as a good gift meant for covenant marriage, the reality of brokenness when we step outside His design, and the hope of healing through confession, repentance, and a Christ-centered identity. Rather than a list of dos and don'ts, the challenge is to honor God with our bodies, run from sexual sin, and respond to both grace and truth.

GET STARTED

- **What's a silly mistake you've made that your family or friends still won't let you forget?**
- **Growing up, was talking about sex in your home more like a "hush-hush" topic, an open conversation, or something in between?**

TAKE IT IN

- **What encouraged and/or challenged you from the message this week? Why?**

TALK IT OVER

Read John 8:2-11

- **What strikes you about Jesus' approach to the woman and her accusers? How does this model both grace and truth in addressing sin and shame?**
- This weekend Jacob said, "Jesus offers her healing with these two statements...the fullness of grace and the fullness of truth." **What's easier for you to accept, grace or truth? How do you see both grace and truth at work in your own journey with brokenness? Why are both needed for healing?**

- Sin has a way of taking a good thing and making it into a broken thing. **How can something God created as good (like sex) become a source of shame or pain in people's lives? Do you see other examples of this in our culture?**

- "*Let any one of you who is without sin be the first to throw a stone at her.*" **Why are we often tempted to judge others by focusing on their failures? Is there someone in your life where you might need to drop your "stone" and offer grace instead?**

Read 1 Thessalonians 4:3 & 1 Corinthians 6:18-20

- **Why do you think God links holiness and sexuality so closely? What is the difference between "avoiding" sin and "pursuing" holiness? How can both be reflected in your life?**

- Jacob used the illustration that Jesus isn't just building fences, He's digging wells. The cattle never stray too far from the place that gives them life. **How could this image change the way you think about God's boundaries and His invitations?**

- We all struggle with sin, though those struggles may look different for each of us. **Who in your life could you trust to confess your struggles to and invite to pray or hold you accountable? What holds you back from taking that step?**

- Our goal is to seek God's will. And His will is for us to be holy. **In your own life, what helps you keep God's will at the center when culture, feelings, or desires pull you in a different direction?**

LIVE IT OUT

This week prayerfully ponder one area in your life where you sense God inviting you to experience deeper grace or truth. Bring this to Him in prayer, intentionally reminding yourself that your identity is not defined by past choices but by Christ's love. If there is something you need to bring into the light, reach out to a trusted friend for accountability, encouragement, or prayer. Finally, look for opportunities to show others both grace and truth: be quick to listen, slow to judge, and ready to encourage someone else in their journey towards Jesus.

Heal My Broken Podcast: mynorthsi.de/nccpodcast