



DATE NIGHT

CONVERSATIONS

THE UNIVERSITY OF WASHINGTON SPENT 30 YEARS STUDYING MARRIAGES, AND THEY DISCOVERED THAT THE CORE INGREDIENT TO SUCCESS IS FRIENDSHIP. IN OTHER WORDS, COUPLES NOT ONLY HAVE TO LOVE EACH OTHER, THEY HAVE TO LIKE EACH OTHER AS WELL. GROWING IN LIKE, NOT JUST LOVE, BEGINS BY BREAKING OUT OF THE NORMAL CONVERSATION ROUTINE (WORK, KIDS, CHORES, DAILY LOGISTICS, ETC...). BELOW ARE 110 DATE NIGHT CONVERSATIONS TO HELP YOU MOVE BEYOND SMALL TALK, AND EXPLORE NEW TOPICS, SHARE MEMORIES, AND LEARN THINGS YOU HAVE NEVER THOUGHT TO ASK. WHETHER YOU'VE BEEN TOGETHER FOR YEARS OR ARE JUST STARTING OUT, THESE QUESTIONS WILL SPARK LAUGHTER, DEEPEN YOUR RELATIONSHIPS, AND REMIND YOU WHY YOU FELL IN LOVE AND LIKE IN THE FIRST PLACE.

INSTRUCTIONS

ON YOUR NEXT DATE, OR DRIVE SOMEWHERE, RANDOMLY PICK 5 NUMBERS EACH BETWEEN 1-110. TAKE TURNS ANSWERING QUESTIONS THAT MATCH YOUR CHOSEN NUMBERS. LISTEN, ENCOURAGE, AND LAUGH TOGETHER AS YOU DISCUSS.

1. WHAT IS YOUR MOST EMBARRASSING MOMENT? WHY?
2. YOU ARE WRITING A BOOK ON 3 TIPS TO STRENGTHEN YOUR RELATIONSHIP. WHAT ARE THE 3 TIPS, AND WHAT IS THE TITLE OF YOUR BOOK?
3. IF YOU HAD YOUR OWN LATE NIGHT TALK SHOW, WHO WOULD BE YOUR FIRST GUEST(S)?
4. WHAT IS YOUR FAVORITE THING FROM EACH ROOM OF OUR HOUSE? WHY?
5. WHAT IS ONE THRILL SEEKING ACTIVITY YOU HAVE ALWAYS WANTED TO TRY, BUT ARE AFRAID?
6. WHAT WAS THE BEST VACATION OR TRIP WE HAVE EXPERIENCED TOGETHER?
7. IF YOU COULD CHOOSE BETWEEN BEING ABLE TO BREATHE UNDERWATER, BECOMING INVISIBLE, OR BEING ABLE TO FLY, WHICH ABILITY WOULD YOU CHOOSE?
8. WHAT HAVE BEEN THE TOP 3 HIGH POINTS IN OUR MARRIAGE?
9. IF YOU COULD MEET ANY CHARACTER IN ANY BOOK, WHOM WOULD YOU MEET?
10. WHAT IS SOMETHING YOU WISH I WOULD DO MORE, BUT THINK IT WOULD BE SELFISH TO ASK?
11. WHAT IS THE BEST AND WORST GIFT YOU HAVE EVER RECEIVED?
12. USING YOUR SPOUSE'S FIRST NAME AS AN ACRONYM, COME UP WITH A WORD FOR EACH LETTER THAT DESCRIBES THEM.
13. IF YOU COULD VISIT ANY PLACE, REAL OR IMAGINARY, WHERE WOULD YOU GO?
14. WHEN DO YOU MOST APPRECIATE MY WORDS OF ENCOURAGEMENT? WHAT DO YOU ENJOY HEARING FROM ME?
15. IF YOU COULD BE ON ANY GAME SHOW, WHICH ONE WOULD IT BE? WHY?
16. WHAT IS ONE THING YOU HAVE LEARNED THROUGH OUR MARRIAGE THAT YOU WOULD WANT TO PASS ON TO ANOTHER COUPLE?

17. WHO WAS YOUR HERO (PERSON YOU LOOKED UP TO THE MOST) GROWING UP? WHO IS IT NOW?
18. WHAT IS ONE WAY WE CAN INTENTIONALLY SPEND MORE TIME TOGETHER?
19. YOU JUST INHERITED YOUR OWN PRIVATE ISLAND, AND IT ONLY HAS SPACE FOR ONE STORE, ONE RESTAURANT, AND ONE OTHER ESTABLISHMENT OF YOUR CHOICE. WHAT 3 ARE YOU CHOOSING?
20. THINK BACK TO OUR FIRST DATE. WHAT DETAILS DO YOU REMEMBER?
21. IF YOU COULD TRAVEL BACK IN TIME, WHEN AND WHERE WOULD YOU GO?
22. IF YOU CREATED A SCRAPBOOK OF OUR RELATIONSHIP'S 5 MOST MEMORABLE MOMENTS, WHAT SPECIFIC MOMENTS WOULD YOU PUT INSIDE OF IT?
23. WHAT IS ONE SCENE OR EPISODE OF A TV SHOW THAT YOU WILL ALWAYS REMEMBER?
24. I'LL NEVER FORGET THE MOMENT WHEN YOU...(SHARE A MOMENT YOU FELT CLOSER TO YOUR SPOUSE THAN EVER).
25. CREATE THE PERFECT MEAL INCLUDING AN ENTREE, 2 SIDES, AND A DESSERT. WHAT IS IT?
26. WHAT IS YOUR BEST MEMORY OF A TIME WE HAD FUN TOGETHER?
27. WHO IS THE MOST FAMOUS PERSON YOU'VE KNOWN OR MET? HOW DID IT HAPPEN?
28. WHERE COULD WE SERVE GOD BETTER AS A COUPLE? WHAT NEXT STEP DO WE NEED TO TAKE?
29. WHAT IS ONE THING YOU THINK YOU CAN DO TO GET INTO THE GUINNESS BOOK OF WORLD RECORDS? WHAT DO YOU THINK YOUR SPOUSE COULD DO?
30. WHAT DAY OF YOUR LIFE WOULD YOU MOST LIKE TO RELIVE AND WHY?
31. WHAT DOES YOUR NAME MEAN? DO YOU KNOW WHY YOU WERE GIVEN YOUR NAME?
32. IF OUR HOME WERE ON FIRE, WHAT THREE ITEMS (NOT PEOPLE) WOULD YOU TRY TO SAVE?
33. IF YOU HAD TO GO ON LIVING WITHOUT ONE OF THE FOLLOWING: SIGHT, HEARING, OR SPEECH, WHICH ONE WOULD YOU CHOOSE AND WHY?
34. WHAT SONG(S) MAKES YOU THINK OF YOUR SPOUSE WHEN YOU HEAR IT?
35. WHAT THREE THINGS WOULD YOU PUT IN A TIME CAPSULE THAT YOUR DESCENDANTS WOULD DIG UP IN 100 YEARS?
36. THE MOST USELESS THING IN OUR HOME IS... AND IT'S STILL THERE BECAUSE...

37. FINISH THIS SENTENCE: "ONE THING I WANT TO DO BEFORE I DIE IS..."
38. WHEN DID YOU KNOW THAT I WAS THE PERFECT PERSON FOR YOU?
39. WHAT IS THE MOST FRIGHTENING EXPERIENCE YOU HAVE EVER HAD?
40. WHAT ARE SOME THINGS WE COULD DO TO CELEBRATE OUR MARRIAGE MORE OFTEN?
41. WHAT IS THE ONE MUSIC ALBUM THAT YOU COULD LISTEN TO OVER AND OVER?
42. ONE THING MY SPOUSE DOES THAT MAKES ME HAPPY IS...
43. IF THEY MADE A MOVIE OF YOUR LIFE, WHOM WOULD YOU WANT TO PLAY YOU?
44. IF YOU COULD CREATE YOUR DREAM DATE NIGHT, WHAT WOULD IT BE?
45. WHAT WAS THE LAST THING YOU SAW SOMEONE DO THAT REALLY IMPRESSED YOU AND WHY?
46. WHAT IS YOUR FAVORITE MEMORY FROM THE BEGINNING OF OUR RELATIONSHIP?
47. GROWING UP, WHAT COSTUMES DID YOU WEAR FOR HALLOWEEN?
48. WHAT IS YOUR FAVORITE MEMORY FROM OUR WEDDING DAY?
49. IF YOU HAD TO EAT THE SAME FOOD FOR DINNER FOR AN ENTIRE WEEK WHAT WOULD IT BE?
50. WHEN DID YOU FIRST REALIZE THAT YOU LOVED YOUR SPOUSE?
51. WHAT WAS YOUR FAVORITE BOOK, OR STORY, AS A CHILD?
52. HOW DID YOU KNOW THAT YOU WANTED TO MARRY YOUR SPOUSE?
53. WHAT HOBBY DID YOU MOST ENJOY AS A TEENAGER?
54. WHAT IS YOUR FAVORITE WAY(S) FOR ME TO SHOW THAT I LOVE YOU?
55. IF MONEY WERE NO OBJECT, WHERE WOULD YOU LIKE TO HAVE A VACATION HOME?
56. HOW WOULD YOU LIKE ME TO SHOW YOU THAT I AM PAYING ATTENTION TO YOU?
57. WHAT IS ONE OF THE MOST MEMORABLE DREAMS YOU HAVE EVER HAD?
58. WHAT ARE THE DREAMS YOU HAVE, EITHER FOR YOURSELF OR FOR OUR MARRIAGE?
59. WHAT IS YOUR FAVORITE CITY? WHY?
60. WHAT ARE YOU EXCITED ABOUT THIS WEEK? WHAT ARE YOU WORRIED ABOUT?
61. WHAT IS THE BEST NEWS YOU HAVE HEARD THIS WEEK AND WHY?
62. WHAT ARE SOME OF YOUR FAVORITE TRADITIONS IN OUR MARRIAGE? OUR FAMILY?
63. IF YOU COULD ONLY WEAR ONE OUTFIT FOR THE REST OF YOUR LIFE, WHAT WOULD IT BE?

64. IF WE GOT MATCHING TATTOOS, WHAT WOULD THEY BE?
65. WHAT IS YOUR FAVORITE TYPE OF MUSIC? WHY?
66. IF OUR FIRST KISS WAS A MOVIE SCENE, WHAT SONG WOULD BE PLAYING IN THE BACKGROUND?
67. WHAT IS YOUR FAVORITE BREAKFAST FOOD? WHY?
68. WHAT IS ONE THING THAT MY SPOUSE DOES THAT ALWAYS MAKES ME LAUGH?
69. WHAT FOREIGN COUNTRY WOULD YOU MOST LIKE TO VISIT? WHY?
70. WHAT IS YOUR FAVORITE MEMORY(S) FROM OUR HONEYMOON?
71. AS A KID, WHAT WAS YOUR FAVORITE TV SHOW?
72. WHAT IS AN INSIDE JOKE WE SHARE THAT OTHER PEOPLE WOULD THINK IS CRAZY?
73. HAVE YOU EVER BEEN TOLD YOU LOOK LIKE SOMEONE FAMOUS? IF SO, WHO?
74. WHAT AM I DOING WHEN YOU ARE MOST TURNED ON PHYSICALLY BY ME?
75. IF YOU COULD BUY ANY CAR, WHAT KIND OF CAR WOULD IT BE? WHY?
76. HOW CAN I ENCOURAGE YOU EACH DAY TO HELP YOU FEEL SPECIAL?
77. WHAT IS YOUR FAVORITE AMUSEMENT PARK RIDE?
78. WHAT MARRIAGES IN OUR LIVES ARE WORTH IMITATING? SHOULD WE GO ON A DOUBLE DATE WITH THESE COUPLES TO LEARN MORE ABOUT WHAT MAKES THEIR MARRIAGE WORK?
79. IF YOU WERE AN ANIMAL, WHAT WOULD YOU BE?
80. IDENTIFY A GOOD MARRIAGE YOU'VE SEEN IN YOUR LIFE. WHAT MADE IT GOOD?
81. WHAT IS ONE TALENT YOU WISH YOU HAD (I.E. SINGING, SPORTS, DRAWING, ETC...)?
82. WHEN HAVE YOU FELT CLOSEST TO GOD? WHAT ABOUT FURTHEST? WHAT WAS GOING ON IN YOUR LIFE DURING THESE TIMES?
83. WHAT WAS THE BEST THING YOU'VE EVER EATEN? WHAT WAS SO SPECIAL ABOUT IT?
84. WHAT IS ONE WAY WE COULD INTENTIONALLY PURSUE GOD TOGETHER AS A COUPLE?
85. WE JUST WON A GAME SHOW AND A LIFETIME SUPPLY OF "SOMETHING". WHAT IS THE "SOMETHING" (YOU BOTH MUST AGREE)?
86. WHERE HAVE YOU SEEN GOD WORKING IN YOUR LIFE THIS WEEK?

87. WHAT IS ONE THING YOU LEARNED THIS YEAR THAT YOU WISH YOU KNEW 10 YEARS AGO?
88. WHAT IS YOUR FAVORITE BIBLE VERSE OR STORY?
89. IN A ZOMBIE APOCALYPSE, WHAT WOULD BE YOUR WEAPON OF CHOICE?
90. WHAT IS ONE AREA THAT YOU HAVE SEEN ME GROW IN SINCE WE HAVE BEEN TOGETHER?
91. IF YOUR SPOUSE WAS A CLOWN, WHAT WOULD THEIR CLOWN NAME BE, AND WHAT ACT WOULD THEY DO TO MAKE PEOPLE LAUGH?
92. WHAT ARE SOME WAYS IN WHICH GOD HAS GROWN YOU? HOW HAS HE DONE SO?
93. IF YOU COULD TURN ANY FOOD INTO A HEALTHY FOOD, WHAT WOULD IT BE?
94. WHO IN OUR LIVES MIGHT GOD WANT TO IMPACT THROUGH OUR MARRIAGE?
95. IF YOU COULD INSTANTLY BECOME AN EXPERT AT SOMETHING, WHAT WOULD IT BE?
96. CLOSE YOUR EYES AND THINK ABOUT YOUR SPOUSE WEARING THE SEXIEST OUTFIT YOU CAN THINK OF. WHAT ARE THEY WEARING?
97. DESCRIBE IN DETAIL YOUR MOST MISCHIEVOUS MOMENT IN CHILDHOOD. WHAT DID YOU DO? WHO WAS THERE? DID YOU GET IN TROUBLE?
98. WHAT 3 WORDS BEST DESCRIBE HOW YOU SEE YOURSELF? HOW YOU SEE YOUR SPOUSE?
99. WHAT IS SOMETHING YOU LOVE THAT OTHER PEOPLE THINK IS GROSS?
100. WHAT IS THE MOST BEAUTIFUL THING YOU HAVE EVER SEEN IN NATURE?
101. WHAT ARE THE COLDEST AND HOTTEST PLACES YOU HAVE EVER VISITED?
102. WHAT IS THE MOST EMBARRASSING FASHION PHASE YOU WENT THROUGH?
103. WHAT DO YOU THINK IS THE GREATEST INVENTION IN YOUR LIFETIME? WHY?
104. AS A TEAM IN MARRIAGE, WHERE DO YOU SEE ME STEP UP IN AN AREA YOU FEEL WEAK?
105. IF YOU COULD DRESS ME, WHAT WOULD I BE WEARING IN PUBLIC?
106. IF YOU COULD DRESS ME, WHAT WOULD I BE WEARING IN THE PRIVACY OF OUR HOME?
107. WHAT IS THE MOST MEANINGFUL AWARD YOU'VE EVER RECEIVED?
108. WHAT IS ONE WISH YOU SECRETLY HAVE FOR ME AS YOUR SPOUSE?
109. IF WE COULD TAKE A CLASS TOGETHER TO LEARN SOMETHING NEW, WHAT WOULD IT BE?
110. EARLY IN OUR RELATIONSHIP (THE FIRST FEW DATES), WHAT KEPT YOU INTERESTED IN ME?